



PORMPUR PAANTHU NEWS WEEK

Issue 155: Monday 12 June 2023

It's a wrap!



Domestic and Family Violence Prevention & Awareness Month has wrapped up for the year after four weeks of community-oriented activities, including two marches, several workshops (and BBQs!), 31 nights of Night Patrol and strong support and engagement from the Pormpuraaw community. PPAC CEO Ganthi Kuppasamy thanked everyone for their hard work and participation, which had made the month a huge success and meant more steps towards a safer community for everyone.

LET'S KEEP OUR MOB SAFE

Top up your immunity this Winter

You can top up your COVID-19 protection with a COVID booster if you're 18+ and it's been six months since your last dose or infection.

The COVID-19 vaccine does not protect against the flu, so you should still have your free annual flu shot.

Receiving your COVID-19 and influenza vaccines is safe and produces a good immune response.

Talk to your health care worker for more information or visit <https://www.healthdirect.gov.au/australian-health-services> to find and book an appointment.



Reconciliation Week has also wrapped up for 2023, with several successful PPAC events well-attended by the Pormpuraaw community.



BE A VOICE FOR GENERATIONS

Keep up the momentum for change: the theme for National Reconciliation Week 2023 is **Be a Voice for Generations**.

The theme encourages all Australians to be a **voice for reconciliation** in tangible ways in our everyday lives – where we live, work and socialise.

For the work of **generations past**, and the benefit of **generations future**, act today for a more **just, equitable and reconciled country for all**.

National Reconciliation Week – 27 May to 3 June – is a time for all Australians to learn about our shared histories, cultures, and achievements, and to explore how each of us can contribute to achieving reconciliation in Australia.



Bringing Up Great Kids Parenting Program happens every Wednesday at the Corner Shed, 10am to 12pm.

Morning tea provided!!

Donna Mahoney from Innate Therapist Art will deliver the program this coming Wednesday.

For transport please contact Corner Shed on 07 4060 4001

Pormpur Paanthu Aboriginal Corporation



PPAC offers:

- Domestic violence and drug and alcohol preventative education, counselling, advocacy and support for families
- Social emotional wellbeing services
- Family wellbeing services
- Men's Support Services
- Women's Group activities
- Youth activities
- Outside School Hours Care services
- Vacation Care activities
- Child Care services (Long Day Care)
- Playgroup
- Night Patrol (Contact: 0474464688)
- NDIS Services
- Women's Shelter services (Maantchangk Women's Shelter is open 52 weeks a year with 7 days a week on-call service)

ALL WORK AND WALK TOGETHER ON ONE PATH OF HEALING, LEARNING, CARING AND SHARING, CREATING A SAFER ENVIRONMENT AND COMMUNITY